

# Man donates blood for 42nd time

Mohd Zubir Khir gets certificate of appreciation from Health Ministry

ACCORDING to reports, only 2.5% of Malaysians are blood donors, a figure which is well below the international average of 5%.

However, Mohd Zubir Khir Md Rashid is no average donor, having donated blood a whopping 42 times.

The 30-year-old recorded his 42nd contribution at New Hoong

Fatt Holdings Berhad's (NHF) blood donation and health check campaign.

For his selfless act, Mohd Zubir was presented with a certificate of appreciation from the Health Ministry and the NHF Employee Welfare Committee.

"I have been donating blood since 2002, sometimes as many as four times a year.

"I do it to help those who may be in need," he explained.

NHF's one-day blood donation drive saw 156 blood donors contributing to the blood bank of Tengku Ampuan Rahimah Hospital, Klang.

The yearly event with the slo-



I'm just helping others: Mohd Zubir Khir (third from right) with (from left) Chin, Employee Welfare chairman Loong Kin Leong, executive chairman Kam Foong Keng and Human Resources head Jane Lu.

gan "Spare your blood, save a life" attracted more than 230 visitors.

"It is very encouraging to see so many of our staff and community supporting the blood donation drive," NHF managing director Chin Jit Sin said.

He added, "As we work and live together, we believe it is part of our responsibility to care for the welfare of our employees and the Klang community.

"Events such as this allow us to highlight the importance of key issues such as health and road safety."

The Road Safety Department (JKJR) from the Transport

Malaysia Ministry was at the event to promote road safety habits.

NHF began its road safety campaign in 2010 following a signing of a Memorandum of Understanding (MoU) with JKJR.

This commitment was renewed in 2013 when NHF gathered the support of six neighbouring companies along Jalan Teratai, Meru, to join the cause of championing road safety in the surrounding area.

Last year, NHF achieved its target of zero-fatality in road accidents among its employees over a one year period.

NHF's commitment towards upholding road safety has been part of an ongoing initiative with JKJR.

Aside from road safety, the health check campaign also included talks on the rise of tuberculosis and non-communicable diseases such as diabetes.

Visitors were also offered free health checks including checking of Body Mass Index (BMI), blood pressure and vision, bone scanning and Pap smear testing.

Successful blood donors were each rewarded with a goodie bag and a certificate of appreciation for their contribution.